

Regional Cadet Support Unit (Pacific)  
PO Box 17000 Station Forces  
Victoria, BC V9A 7N2

3937-1085-3 (J3 Trg O (RDA-ND))

30 January 2020

Distribution List

OPERATION ORDER –  
PROVINCIAL BIATHLON COMPETITION 2020

Ref: A. Warning Order – Biathlon Competition and Clinics dated 23 Oct 19  
B. Pacific Region Annual Training Directive 2019/2020  
C. SharePoint Common Training Calendar 2020

SITUATION

1. Biathlon is offered through a progressive system of competitions. Every Regional Cadet Support Unit will host zone and regional competitions with the aim of identifying the most competitive cadet biathletes to advance to the National Cadet Biathlon Championship. The zone biathlon competitions for Pacific Region have now concluded, and selected cadets will be able to proceed to the Provincial Biathlon Championships. The top ten cadets will advance to the National Biathlon Championship.

MISSION

2. The Regional Cadet Support Unit (Pacific) will organize the provincial biathlon competition for cadets to take place as per dates below:

|                                 | <b>Date</b>  | <b>Location</b>        |
|---------------------------------|--------------|------------------------|
| Provincial Biathlon Competition | 14-16 Feb 20 | Sovereign Lake, Vernon |

3. For awareness, the dates for the national competition are as follows:

|                                 | <b>Date</b> | <b>Location</b> |
|---------------------------------|-------------|-----------------|
| National Biathlon Championships | 2-8 Mar 20  | Valcartier, QC  |

EXECUTION

4. The Biathlon Provincial Competition will be conducted as follows:

- a. General Outline: As per the assigned dates, these activities will be conducted in three phases:
- (1) Phase 1 – Initial Preparation:
    - (a) determination of logistical requirements;
    - (b) booking of rations, quarters, equipment, and transportation;
    - (c) identification of personnel attending;
    - (d) preparation of requisite pay and travel documentation; and
    - (e) set-up of biathlon competition course.
  - (2) Phase 2 – Conduct of the activity:
    - (a) arrival of cadet participants and staff; and
    - (b) conduct of the biathlon competition.
  - (3) Phase 3 –Post-Activity Admin:
    - (a) departure of cadets and staff;
    - (b) post-administration and distribution of results; and
    - (c) process pay and claims.
- b. Groupings and Tasks: As per Annex A
- c. Co-ordinating Instructions: Co-ordinating instructions are as follows:
- (1) Registration of Participants. A list of cadets who have qualified to proceed to the Provincial Biathlon Championship is attached at Annex B. These cadets have been entered into FORTRESS under Serial BiathProv20, and have been confirmed by the J3 Trg O (RDA-ND). In addition, the list will be posted on SharePoint for maximum distribution.
  - (2) Support Cadets. Support cadets must be identified to the Competition Coordinator NLT 5 Feb 20. In addition to cadet officials, support cadets can also be cadet coaches. This is not a mandatory role but is meant as an opportunity for leadership for senior cadets. These cadets must also have completed rifle handling and safety training and have some experience with biathlon. Their main functions will be range assistants or a team manager. Teams will be allowed a maximum of one cadet coach.
  - (3) Cadet Selection/Team Composition. Annex C contains the Biathlon Competition - General Instructions, and should be referenced for detailed information on team composition preparation, equipment, and competition rules. The Canadian Cadet Organizations Biathlon Championship Series uses the rules and basic competition structure as dictated by Biathlon Canada with provisions made for cadet team structure.

- (4) Coaches Briefing: A briefing of all coaches and key competition staff will take place a minimum of one hour prior to the start of the biathlon competition to clarify rules, team composition and competition details.
- d. Timings. Annex D contains the Stage 3 – Provincial Biathlon Competition Instructions, which will also be handed out at the time of the coaches briefing 15 Feb 20.
- e. Finance. Costs are to be assigned to the following Financial Coding and a Pre-Commitment will be issued separately. Fin Coding to be used: 54700A C120, applicable GL, IO: 216038.

#### SERVICE SUPPORT

4 Service Support elements are identified as follows:

- a. Rations. All participants taking part in the Provincial Biathlon Competitions will be provided with all meals while competing. Cadets who need to travel long distances will be provided all meals while on route. The Regional J4 Movements officers will coordinate meals-on-route, as required.
- b. Accommodations. Accommodations will be provided to competitors, coaches and staff who are required to stay overnight. Accommodations have been arranged at CTC Vernon.
- c. Transportation. Transport details are as follows:
  - (1) All cadets who reside within the geographical area for Vernon must be dropped off at Vernon by a guardian;
  - (2) Staff members and coaches who reside within the geographical area for Vernon are considered local, and must make their own way to Vernon at the appropriate time; and
  - (3) For competitors, coach and staff who must travel from outside the local area, J3 Tgr O (RDA-ND) in conjunction with the J4 Movements Section at the RCSU (Pac) will coordinate travel to and from the competition venue.
- d. Medical. Competition staff with current Standard First Aid will be assigned as duty First Aid Officers as a secondary task. They will be on call and remain in close proximity to the competition venue. These personnel will assess if an escalated level of care is required and if necessary drive and escort the cadet to an appropriate facility. Any urgent serious cases are to be addressed through 911.

- e. Biathlon Equipment and Rentals. Sovereign Lake Nordic Centre (SLNC) is the host club and provide all the range equipment and course equipment necessary for the competition. The Chief of Course, with the help of the J3 Trg O (RDA-ND), will be responsible for gathering all other necessary biathlon equipment and supplies. For those competitors who do not have their own equipment (ski's, poles and boots), these will be provided to the cadet competitors via rentals at the SLNC. RCSU (Pac) will cover the costs of all rentals.
- f. Awards. The top three competitors in each division (Junior, Senior and Youth) will receive recognition by the means of a placement medal (bronze, silver, gold). The details of how cadets will advance to the National Competition, can be found at Annex C.
- g. Ammunition. Ammunition for this competition will be supplied by RCSU (Pac). All pertinent paperwork will be completed within the week following the competition by the Competition Coordinator.

#### COMMAND AND SIGNALS

5. Command:

- a. Competition Coordinator: Capt Mark Owen, J3 Trg O (RDA-ND); and
- b. Chief of Competition: Capt Maria Brunskill.

6. Signals:

- a. Contact Phone Numbers.
  - (1) Competition Coordinator: 250-363-0936 (office) 778-535-6091(Cell); and
  - (2) Movements Duty Cell: 1-866-668-8388.
- b. Additional contact numbers will be published as they come available.

Neville Head  
Lieutenant Colonel  
J35 Chief Training Officer

List of Annexes and Distribution List on next page.

## Annexes:

Annex A – Groupings and Tasks

Annex B – List of Cadets Advancing to Provincial Biathlon

Annex C – Biathlon Competition – General Instructions

Annex D – Pacific Region Stage 3 – Provincial Biathlon Competition Instruction

## Distribution List

### Action

J4 Movements

J4 (Vernon, Chilliwack, and Albert Head)

Cadet Corps/Squadrons for competitors advancing to Provincial Competition (posted on SharePoint)

### Information

CO

RCWO

COS

J1

J35

J3 OIC Reg Trg

J3 Area OICs

J3 Z Trg Os

J4

## GROUPINGS AND TASKS

| Group             | Tasks                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
|-------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Competition OIC   | <p><u>Initial Preparation</u></p> <ul style="list-style-type: none"> <li>▪ Report to J3 Trg O (RDA-ND)</li> <li>▪ Give input on Hiring</li> <li>▪ Be an official at the competition</li> <li>▪ Advise on any prohibitive factors for race format</li> <li>▪ Work with the Chief of Competition (if not filling the role of CoC) to ensure program needs and protocols are met/maintained</li> <li>▪ Ensure material needs are communicated to J3</li> <li>▪ Make J3 aware of any specific transportation needs</li> <li>▪ Send results to J3 to be assessed for progression opportunities</li> <li>▪ Provide feedback to J3</li> <li>▪ Direct the ammo count to be completed and handed to responsible CO to be completed</li> </ul> <p><u>Conduct of the Activity</u></p> <ul style="list-style-type: none"> <li>▪ Obtain and set-up equipment and courses as required</li> <li>▪ Act as liaison to local biathlon club (as applicable)</li> <li>▪ Confirm competitors registration</li> <li>▪ Conduct a briefing for all coaches</li> <li>▪ Assign roles to competition staff to assist in the competition</li> <li>▪ Oversee the complete running of the competition</li> <li>▪ Collate results to be forwarded onto J3 Trg O (RDA-ND)</li> <li>▪ Oversee the completion of the competition results</li> <li>▪ Give out awards</li> </ul> <p><u>Post- Activity</u></p> <ul style="list-style-type: none"> <li>▪ Finalize results to be sent into RCSU – Attention J3 Trg O (RDA-ND)</li> <li>▪ Return any equipment</li> </ul> |
| J3 Trg O (RDA-ND) | <ul style="list-style-type: none"> <li>▪ Book all necessary services and ensuring leases are signed</li> <li>▪ Create and open the FORTRESS serials</li> <li>▪ Monitor FORTRESS data</li> <li>▪ Determine race format</li> <li>▪ Determine travel requirements and liaise with J4 Movements to arrange travel as required for cadet teams outside local range</li> <li>▪ Arrange for rations</li> <li>▪ Organize accommodations for competitions taking place over two-day time frame</li> <li>▪ Ensure zone coordinator has the necessary permissions</li> <li>▪ Ensure all necessary equipment is in place to run the competition</li> <li>▪ Approve staff hires</li> <li>▪ Keep zone coordinator apprised of confirmations and changes as they arrive</li> <li>▪ Managing budget and making zone coordinators aware of any specific limitations</li> <li>▪ Purchase necessary equipment in advance, purchases coordinated through J4</li> <li>▪ Send out a pre-approved race invitation and joining instructions to zone participants and correspond with participants</li> <li>▪ Send zone coordinator medals/pins</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                 |

Annex A  
3937-1085-3 (J3 Trg O (RDA-ND))  
30 Jan 20

| Group        | Tasks                                                                                                                                                                                                                                          |
|--------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|              | <ul style="list-style-type: none"><li>▪ Provide shipping information for anything that needs to be sent</li><li>▪ Ensure ammo write offs are completed</li><li>▪ Process pay for all staff</li></ul>                                           |
| J4 Movements | <ul style="list-style-type: none"><li>▪ Liaise with J3 Trg O (RDA-ND) to determine travel requirements</li><li>▪ Arrange for economic travel of cadets and coaches, as required</li><li>▪ Arrange for meals in transit (as required)</li></ul> |
| J4           | <ul style="list-style-type: none"><li>▪ Provide biathlon equipment, as required</li></ul>                                                                                                                                                      |

LIST OF CADETS ADVANCING TO PROVINCIAL BIATHLON

| North                  |                              |                          |
|------------------------|------------------------------|--------------------------|
| Junior Male            | Hall, Tristan                | 2556 RCACC Kitimat       |
|                        | Sluyter, William             | 2556 RCACC Kitimat       |
| Junior Female          | Ryan, Eryn                   | 396 RCACS Prince George  |
|                        | Friberg, Sienna              | 396 RCACS Prince George  |
| Open Male              | Feltis, Blaise               | 2618 RCACC Prince George |
|                        | Toderovich, Vincent          | 2618 RCACC Prince George |
| Open Female            | Wolnowski, Celara            | 747 RCACS Terrace        |
|                        | Lefrancois, Mikayla          | 747 RCACS Terrace        |
| Open Mixed Composite   | Atkinson-Trelenberg, Jessica | 202 RCSCC Williams Lake  |
|                        | Porter, Devin                | 396 RCACS Prince George  |
| Open Male (Wildcard)   | Rowan, Klein                 | 747 RCACS Terrace        |
|                        | Gyllich, Samuel              | 2618 RCACC Prince George |
| Open Male (Wildcard)   | Dugan, Isaac                 | 787 RCACS Mackenzie      |
|                        | Lloyd, Gabriel               | 2618 RCACC Prince George |
| Open Female (Wildcard) | MacDonald, Guinnevere        | 7 RCSCC Prince Rupert    |
|                        | Young, Sophia                | 2556 RCACC Kitimat       |
| Coach                  | Capt Law, D                  | 787 RCACS MacKenzie      |
| Coach                  | Lt(N) Frey, D                | 202 RCSCC Williams Lake  |
| Coach                  |                              | 747/2556 Terrace/Kitimat |
| Coach                  |                              | 396/2618 Prince George   |
| Okanagan               |                              |                          |
| Junior Male            | Bot, Rory                    | 223 RCACS Vernon         |
|                        | Holmes-Peters, Austen        | 223 RCACS Vernon         |
| Junior Female          | Aspinall, Hanna              | 204 RCACS Kamloops       |
|                        | Branham, Jessica             | 204 RCACS Kamloops       |
| Open Male              | Solomonson, Sebastian        | 204 RCACS Kamloops       |
|                        | Waterman, James              | 204 RCACS Kamloops       |
| Open Female            | Vit, Emily                   | 223 RCACS Vernon         |
|                        | Savoie, Aleksia              | 223 RCACS Vernon         |
| Open Mixed Composite   | Yoon, Soyoung                | 93 RCSCC Kelowna         |
|                        | Paiment, Fraser              | 222 RCACS Salmon Arm     |
| Open Mixed Composite   | Wale, Colton                 | 204 RCACS Kamloops       |
|                        | Neenan, Luke                 | 232 RCACS Oliver         |
| Coach                  | Lt(N) Dufresne, C            | 63 RCSCC Vernon          |
| Coach                  | NCdt Cole, N                 | 259 RCACS Penticton      |
| Coach                  | Lt Jervis, A                 | 204 RCACS Kamloops       |

Annex B  
3937-1085-3 (J3 Trg O (RDA-ND))  
30 Jan 20

| Kootenay               |                     |                          |
|------------------------|---------------------|--------------------------|
| Open Male              | Weber, Loic         | 1813 RCACC Cranbrook     |
|                        | Weber, Vanier       | 1813 RCACC Cranbrook     |
| Open Mixed (Composite) | Caldwell, Molly     | 3066 RCACC Golden        |
|                        | Caldwell, Douglas   | 3066 RCACC Golden        |
| Coach                  | OCdt Ducaume, A     | 1813 RCACC Cranbrook     |
| Fraser Valley          |                     |                          |
| Junior Male            | Ward, Samuel        | 861 RCACS Abbotsford     |
|                        | Parker, Beckett     | 861 RCACS Abbotsford     |
| Junior Female          | Finch, Jade         | 861 RCACS Abbotsford     |
|                        | Ma, Cindy           | 861 RCACS Abbotsford     |
| Open Male              | Bodrogi, KEITA      | 808 RCACS Coquitlam      |
|                        | Yun, Bomin          | 808 RCACS Coquitlam      |
| Open Female            | Li, Annie           | 777 RCACS Port Coquitlam |
|                        | Cai, Athena         | 777 RCACS Port Coquitlam |
| Open Male (Wildcard)   | Kontanist, Nicholas | 754 RCACS Port Moody     |
|                        | Stapleton, Stuart   | 1725 RCACC Chilliwack    |
| Open Male (Wildcard)   | Lin, Nestor         | 2893 RCACC Coquitlam     |
|                        | Cushing, Nathan     | 754 RCACS Port Moody     |
| Open Mixed Composite   | Ryu, Jimin          | 808 RCACS Coquitlam      |
|                        | Greenwood, Tyler    | 1725 RCACC Chilliwack    |
| Wildcard               | Wang, Alina         | 777 RCACS Port Coquitlam |
| Wildcard               | Wu, Yinghua         | 746 RCACS Aldergrove     |
| Coach                  | Maj MacDonald, J    | 861 RCACS Abbotsford     |
| Coach                  | CI Hebert           | 746 RCACS Aldergrove     |
| Coach                  | CI Tupy             | 767 RCACS Whalley        |
| Coach                  | Capt Goh, E         | 777 RCACS Port Coquitlam |
| Vancouver Fraser River |                     |                          |
| Junior Male            | Jiang, Justin       | 907 RCACS White Rock     |
|                        | Ubungin, Linden     | 907 RCACS White Rock     |
| Junior Female          | Xu, Sophia          | 907 RCACS White Rock     |
|                        | Zhang, Jiaqi        | 907 RCACS White Rock     |
| Open Female            | Ursulesku, Daniela  | 907 RCACS White Rock     |
|                        | Guo, Alissa         | 907 RCACS White Rock     |
| Open Male              | Shu, Kevin          | 907 RCACS White Rock     |
|                        | McKenna, Zectzevul  | 907 RCACS White Rock     |
| Open Mixed Composite   | Hou, Sunny          | 907 RCACS White Rock     |
|                        | Rafols, Ian         | 767 RCACS Whalley        |
| Wildcard               | Niu, Ada            | 767 RCACS Whalley        |
| Wildcard               | Im, Junghyum        | 767 RCACS Whalley        |

Annex B  
3937-1085-3 (J3 Trg O (RDA-ND))  
30 Jan 20

|                               |                          |                      |
|-------------------------------|--------------------------|----------------------|
| Wildcard                      | McNamara, Sawyer         | 767 RCACS Whalley    |
| Coach                         | CI Martin, E             | 907 RCACS Surrey     |
| Coach                         | Capt Dyke, T             | 907 RCACS Surrey     |
| <b>Vancouver Coastal</b>      |                          |                      |
| Open Male                     | Wong, Daniel             | 2290 RCACC Vancouver |
|                               | Enkhbaatar, Erkhesh      | 2290 RCACC Vancouver |
| Open Male                     | Symons-Mackenzie, Callum | 2290 RCACC Vancouver |
|                               | Hua, Jeremy              | 2290 RCACC Vancouver |
| Open Female                   | Karl, Beatrice           | 2290 RCACC Vancouver |
|                               | Chandler, Teagan         | 2290 RCACC Vancouver |
| Wildcard                      | Leong, James             | 72 RCACC Vancouver   |
| Coach                         | Capt Marek, M            | 2290 RCACC Vancouver |
| Coach                         | Capt Millard, M          | 72 RCACC Vancouver   |
| <b>South Vancouver Island</b> |                          |                      |
| Junior Male                   | McGaw, Jackson           | 676 RCACS Sidney     |
|                               | Moukminov, Eric          | 676 RCACS Sidney     |
| Junior Female                 | Gotto, Taylor            | 676 RCACS Sidney     |
|                               | Johnston, Macy           | 676 RCACS Sidney     |
| Open Male                     | Alyea, Jonah             | 2136 RCACC Victoria  |
|                               | Howden, Carson           | 2136 RCACC Victoria  |
| Open Female                   | Matchett, Christina      | 676 RCACS Sidney     |
|                               | Sitka, Amy               | 676 RCACS Sidney     |
| Open Male (Wildcard)          | Mackeigan-Reed, Andrew   | 848 RCACS Colwood    |
|                               | Wrigley, Adian           | 848 RCACS Colwood    |
| Coach                         |                          | 676 RCACS Sidney     |
| Coach                         |                          | 2136 RCACC Victoria  |
| Coach                         |                          | 848 RCACS Colwood    |
| <b>North Vancouver Island</b> |                          |                      |
| Junior Male                   | He, Edmond               | 205 RCACS Nanaimo    |
|                               | Christoffersen, Cole     | 205 RCACS Nanaimo    |
| Junior Female                 | Hudon, Ella              | 205 RCACS Nanaimo    |
|                               | Bae, Minju               | 205 RCACS Nanaimo    |
| Open Male                     | Gilfillan, Daniel        | 386 RCACS Comox      |
|                               | Ferland, Jeremy          | 386 RCACS Comox      |
| Open Female                   | Vandervaate, Brynn       | 386 RCACS Comox      |
|                               | Ey, Zaphira              | 386 RCACS Comox      |
| Open Mixed Composite          | Ledingham, Sophia        | 205 RCACS Nanaimo    |
|                               | McKay, Robert            | 296 RCSCC Parksville |
| Open Male                     | Payette, Micah           | 386 RCACS Comox      |
|                               | Dawes, Lewis             | 386 RCACS Comox      |

Annex B  
3937-1085-3 (J3 Trg O (RDA-ND))  
30 Jan 20

|       |                  |                      |
|-------|------------------|----------------------|
| Coach | CI Matchett, B   | 386 RCACS Comox      |
| Coach | OCdt Dionne, J   | 205 RCACS Nanaimo    |
| Coach | Lt(N) Gueguen, P | 296 RCSCC Parksville |

## BIATHLON COMPETITION – GENERAL INSTRUCTIONS

### Competition Structure

1. The competition structure for cadets participating in biathlon is as follows:
  - a. Cadet Training/Selection (Stage I): Initial biathlon team training is to take place at the corps/squadron level. To gauge readiness for competition, cadets must be able to ski a minimum of 5 km in 1 to 2 km intervals. They must also be able to independently operate the Anschutz .22 biathlon rifle and safely carry out 2 bouts of shooting 5 targets at a distance of 50 m. Corps/Squadron Commanding Officers are to ensure rifle handling tests for the .22 single fire Anschutz have been completed prior to any training by a current Small Bore RSO or RSO (Biathlon). Accompanying team coaches must be prepared to certify that these rifle handling tests have been completed on all cadets on their team at time of registration for the competition. Cadets and coaches must also make themselves familiar with the basic rules, sequence and physical demands of a biathlon race.
  - b. Zone Competitions (Stage II): Pacific Region is divided into eight competition zones. Due to the limited competition venues, some zones will share a competition date and venue. In this case, each zone will still have separate results, awards, and billets for progression. Zone Biathlon Competitions will consist of one race IAW the Cadet Biathlon Rules for the Individual Race format. In an Individual Race, competitors will ski 3 loops, shoot 2 bouts, and start in timed intervals. There will be a coaches meeting prior to the race but it is in the best interest of all participants to review the CCM Biathlon Rule Book during pre-season preparations.
  - c. Provincial Competition (Stage III): Cadets from every competition zone will be selected to compete at the Provincial Biathlon Competition based on their combined team score and their proximity to the top of their respective competitor category. The Provincial Biathlon Competition will consist of two races held over two days and will be fully supported by RCSU (Pac). The first race will be a sprint race. The second race will be a relay race. Both races will follow the rules laid out in the CCM Biathlon Rule book. Any cadet who wishes to qualify for the National Biathlon Championship must do so at the Provincial Competition without exception.
  - d. National Championship (Stage IV): Ten cadets and two coaches from the Provincial Biathlon Competition will be selected to compete at the National Biathlon Championship. The National Biathlon Championship consists of four races. Individual, team and provincial team standings are determined by combined points earned in each race. Cadets will be selected in their two person teams to attend. The National Biathlon Championship is fully supported by the NCJCR Sp Gp HQ.

### Competitor Categories

2. Cadet competitor categories are based on the age of cadets participating and are defined as follows:

- a. Junior: age 12-14;
- b. Senior: age 15-16; and
- c. Youth: age 17-18.

Important Note: Age is based on the age of the cadet as of two days after the conclusion of the National Biathlon Championships (10 Mar 20). This is to ensure cadets compete in the same age category throughout the competition series.

### General Competition Rules

3. Ten competitors (five teams of 2 cadets) will be selected from each zone to advance to compete at Stage III Provincial Biathlon Competition. In the event that a zone cannot fill its billets, the billets will be filled as wild card billets and competitive teams from other zones may also be selected.

8. Cadet team supervisory staff are encouraged to help provide extra supervision to the cadets while involved in the competition, but are not permitted to assist the cadets while they are involved in a race.

9. The following additional information can be obtained on SharePoint by checking under Cadet Training / Biathlon.

- a. CCO Biathlon Championship Series Rule Book;
- b. Authorization to transport Firearms and Ammunition; and
- c. Anschutz 1403 Manual.

10. All inquiries can be directed to Capt Mark Owen, J3 Trg O (RDA-ND) via:

- a. Email: [mark.owen@forces.gc.ca](mailto:mark.owen@forces.gc.ca); or
- c. Phone: 250-363-0936 (RCSU Pac Office).



Pacific Region  
Stage 3 – Provincial Biathlon Competition Instructions  
Sovereign Lake Nordic Centre Vernon, BC

**When:** Friday 14 February to Sunday 16 February, 2020 (Jr, Sr, Youth, Boys and Girls,)

**Where:** Sovereign Lake Nordic Centre, Vernon BC

The Organizing Committee

|                       |                      |
|-----------------------|----------------------|
| Chief of Competition: | Capt Maria Brunskill |
| Chief of Range:       | Capt Craig Ralph     |
| Chief of Timing:      | Capt Lisa Devine     |
| Chief of Course:      | Capt CI Peter Algra  |
| Chief of Stadium:     | Capt Maria Brunskill |
| Technical Delegate:   | Capt Keri Winkelaar  |

**Eligibility:** All selected teams from Stage 2 competitions. There will not be any provision for spares and additional cadets wishing to participate in some capacity should make themselves available as support cadets.

Corps / Squadrons which do not have .22 cal LR biathlon rifles for competition must identify in advance to arrange access for rifles. Alibis for shared rifles will not be offered for this provincial competition.

Commanding Officers and coaches of participating corps / squadrons are to ensure rifles used in the provincial competitions must be zeroed to their respective cadets at 50m prior to the competition date.

**Rules:** Cadets Canada Biathlon Competition Rules and IBU/Cadets Disciplinary Rules as modified by the Organizing Committee will be in effect.

For this Stage 3 competition, a penalty loop shall be skied for each target left standing after all rounds for the bout have been fired.

**Competitor categories are per the Common Training Joining Instructions:**

Junior – a cadet who has not reached his/her 15<sup>th</sup> birthday on or before the final day of the National Cadet Biathlon Championship (Including travel days) which this year is 10 March 2020;

Senior - a cadet who has not reached his/her 17<sup>th</sup> birthday on or before the final day of the National Cadet Biathlon Championship (Including travel days) which this year is 10 March 2020; and Youth Men and Women - Cadets 17 and 18 years old on or before the final day of the National Cadet Biathlon Championship (Including travel days) which this year is 10 March 2020

**First Event:** Saturday, 15 February - Sprint

**Start:** Simultaneous and Tag

**Range:** 5 targets plus 3 spare rounds per shooting bout  
 150 m penalty loop

**Cadet Categories:**

| Category           | Age   | Course             |        | Range         |
|--------------------|-------|--------------------|--------|---------------|
| Youth Cadet Male   | 17-18 | 3 x Orange (1.7km) | 5.1 km | Prone - Prone |
| Youth Cadet Female | 17-18 | 3 x Orange (1.7km) | 5.1 km | Prone - Prone |
| Sr Cadet Male      | 15-16 | 3 x Orange (1.7km) | 5.1 km | Prone - Prone |
| Sr Cadet Female    | 15-16 | 3 x Orange (1.7km) | 5.1 km | Prone - Prone |
| Jr Cadet Male      | 12-14 | 3 x Orange (1.7km) | 5.1 km | Prone - Prone |
| Jr Cadet Female    | 12-14 | 3 x Orange (1.7km) | 5.1 km | Prone - Prone |

**Second Event:** Sunday, 16 February - 2 x 4.5km Relay

**Start:** Single Start – 30 sec interval

**Range:** 5 targets per shooting bout  
 150 m penalty loop

**Cadet Categories:**

| Category           | Age   | Course             |        | Range            |
|--------------------|-------|--------------------|--------|------------------|
| Youth Cadet Male   | 17-18 | 3 x Orange (2.0km) | 6.0 km | Prone - Standing |
| Youth Cadet Female | 17-18 | 3 x Orange (2.0km) | 6.0 km | Prone - Standing |
| Sr Cadet Male      | 15-16 | 3 x Orange (2.0km) | 6.0 km | Prone - Standing |
| Sr Cadet Female    | 15-16 | 3 x Orange (2.0km) | 6.0 km | Prone - Standing |
| Jr Cadet Male      | 12-14 | 3 x Orange (1.5km) | 4.5 km | Prone - Prone    |
| Jr Cadet Female    | 12-14 | 3 x Orange (1.5km) | 4.5 km | Prone - Prone    |

**Schedule:**

| <b>Date</b> | <b>Time</b> | <b>Activity</b>                                               |
|-------------|-------------|---------------------------------------------------------------|
| Fri 14 Feb  | 1900        | Arrival of Athletes, Staff Cadets, & Coaches at CTC Vernon    |
|             | 1930        | Coaches Briefing / Team Captain's Meeting (TCM) at CTC Vernon |
|             | 2230        | Lights Out                                                    |
|             |             |                                                               |
| Sat 15 Feb  | 0700        | Breakfast                                                     |
|             | 0745        | Travel to Sovereign Lake Nordic Centre                        |
|             | 0830        | Arrive at Sovereign Lake Nordic Centre                        |
|             | 0830        | Trails open                                                   |
|             | 0900        | Team Captains Meeting                                         |
|             | 0915        | Opening Ceremony                                              |
|             | 0930        | Equipment Check Opens                                         |
|             | 1000        | Start of Zeroing                                              |
|             | 1050        | End of Zeroing                                                |
|             | 1055        | Trail Close                                                   |
|             | 1100        | Start of Relay Competition                                    |
|             | 1230        | End of Race Competition                                       |
|             | 1230        | Lunch                                                         |
|             | 1330        | End of Lunch / General Clean-up                               |
|             | 1430        | Depart for CTC Vernon                                         |
|             | 1515        | Arrive at CTC Vernon                                          |
|             | 1700        | Dinner                                                        |
|             | 1900        | Team Captains Meeting                                         |
|             | 2200        | Lights Out                                                    |
|             |             |                                                               |
| Sun 16 Feb  | 0700        | Breakfast                                                     |
|             | 0745        | Travel to Sovereign Lake Nordic Centre                        |
|             | 0830        | Arrive at Sovereign Lake Nordic Centre                        |
|             | 0830        | Trails open                                                   |
|             | 0900        | Team Captains Meeting                                         |
|             | 0930        | Equipment Check Opens                                         |
|             | 1000        | Start of Zeroing                                              |
|             | 1050        | End of Zeroing                                                |
|             | 1055        | Trails Close                                                  |
|             | 1100        | Start of Sprint Competition                                   |
|             | 1230        | End of Sprint Competition                                     |
|             | 1230        | Lunch                                                         |
|             | 1330        | End of Lunch                                                  |
|             | 1400        | Awards & Closing Ceremony                                     |
|             | 1500        | Departure                                                     |

Annex D  
3937-1085-3 (J3 Trg O (RDA-ND))  
30 Jan 20

**Special Notes:**

Volunteers to assist with officiating are welcome. Each competition requires a tremendous amount of volunteer support to facilitate safety, legitimate results, and fair play. Thank you in advance for your help in accomplishing this. Each corps and squadron are also encouraged to bring along parents and other spectators to make this a fun event for all involved.

Cadet Provincial Awards are medals.

Team Selections for Cadet Nationals:

Cadets from the provincial competition will be selected to compete at the Stage 4 - National Competition based on their combined team results to fill entries, as allocated per National directive.

**For further Information**

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