

Regional Cadet Support Unit (Pacific)
PO Box 17000 Stn Forces
Victoria BC V9A 7N2

1085-3 J3 Trg O (RDA-ND)

17 December 2019

Distribution List

OKANAGAN ZONE BIATHLON COMPETITION 2020

Ref: Team Registration Document

1. The Okanagan Biathlon Zone Competition will take place in Vernon at the Sovereign Lake Nordic Centre on 12 January 2020. This race will be the selection race for the Provincial Competition to be held at Sovereign Lake Nordic Centre Vernon BC from 14 to 16 February 2020.

ACCOMMODATIONS

2. Participants, support personnel and coaches from outside Vernon will stay at the CTC Vernon in the rooms provided. Arrival will be no later than 2030. The contact for arrival will be Capt Mark Owen 778-535-6091.

MEALS & TRANSPORTATION

3. Transportation will be provided by RCSU (Pac) and coordinated through Capt Owen. Meals while at the competition will be provided. In addition, any required meals on route will be provided by the Coach who in turn will be reimbursed via CF52. The travel and meal entitlements for each corps/squadron, that may be participating, are outlined below:

Location (Unit/City)	Approved Travel Date/Time at CTC	Approved MOT	Approved Meals on Route	Approved Rations Schedule
2305 RCACC 204 RCACS	Saturday 11 Jan by 2030 hrs Rtn home 12 Jan after race	GMT	NA	Start Sunday Breakfast Finish Sunday Lunch
222 RCACS	Arrive 12 Jan 0830 Sovereign Lake	PDO	NA	Sunday Lunch
232 RCACS	Saturday 11 Jan by 2030 hrs Rtn home 12 Jan after race	GMT	NA	Start Sunday Breakfast Finish Sunday Lunch

259 RCACS	Saturday 11 Jan by 2030 hrs Rtn home 12 Jan after race	GMT	NA	Start Sunday Breakfast Finish Sunday Lunch
93 RCSCC	Arrive 12 Jan 0830 Sovereign Lake	PDO	NA	Sunday Lunch
63 RCSCC 223 RCACS	Arrive 12 Jan 0830 Sovereign Lake	PDO	NA	Sunday Lunch
1813 RCACC	Saturday 11 Jan by 2030 hrs Rtn home 13 Jan	Rental	Dinner Saturday Dinner Sunday	Start Sunday Breakfast Finish Sunday Lunch
3066 RCACC	Saturday 11 Jan by 2030 hrs Rtn home 13 Jan	Rental	Dinner Saturday Dinner Sunday	Start Sunday Breakfast Finish Sunday Lunch

4. Any food or dietary restrictions must be submitted to Capt Owen NLT 1 Jan 20 at mark.owen@forces.gc.ca

REGISTRATION

5. The following teams have registered in FORTRESS as per the original deadline of 13 Dec 19 specified in the General Competition Instructions:

- a. 63 RCSCC
- b. 93 RCSCC
- c. 204 RCACS
- d. 222 RCACS
- e. 223 RCACS
- f. 232 RCACS
- g. 259 RCACS
- h. 1813 RCACC
- i. 2305 RCACC
- j. 3066 RCACC

6. All teams must also submit the Zone Biathlon Team Registration electronically to Capt Owen NLT 13 Dec 19 at mark.owen@forces.gc.ca. This must include your volunteers, support personal and coaches names if you are staying at the CTC or require meals.

EQUIPMENT REQUIREMENTS

7. Teams holding .22 cal rifles are responsible for bringing them to competition. All teams travelling 11 Jan 20, will store rifles in B4 overnight.
8. Ammunition for the race will be provided.

9. Ski equipment will be the responsibility of the teams to bring, if they do not have their own equipment, they are authorized to rent from their local rental agency and claim back on their LSA. Limited rentals will also be available through Sovereign Lake Nordic Centre and these rentals will be invoiced directly to RCSU (PAC).

10. All coaches, support personal and competitors are required to bring along with them a sleeping bag and pillow to be used in the accommodations. Only volunteer adults with a valid VSS will be permitted to stay at the CTC.

DRESS

11. All competitors, coaches and support cadets will wear appropriate clothing for the nature of the activity. All staff that have been hired to work the competition will be dressed in CADPAT.

TIMINGS

12. The DRAFT timings for the Race on 12 January is as follows:

Date/Time	Action	Pers Req'd
11 Jan 1930	Traveling teams must arrive at CTC Vernon	Oliver, Penticton, Kelowna, Kamloops, Enderby
12 Jan 0830	Arrive at Sovereign Lake Nordic	All
12 Jan 0900	Check In / Registration confirmation	All / Location – Timing Hut
12 Jan 0930	Coaches meeting	All / Location – Timing Hut
12 Jan 0950	Range open for zeroing/ Equipment Check	All
12 Jan 1050	Zeroing Close/Trails close for Competition	All
12 Jan 1100	Race Begins	All
12 Jan 1100	Lunches on your own time	All
12 Jan 1330	Race Completed	All
12 Jan 1400	Awards/Presentations	All
12 Jan 1500	Depart Sovereign Lake Nordic	All

RACE INFORMATION

13. All competitors will participate in the same race format. Details of the race are as follows:

Race Format	Individual
Penalty loops	No
Shot Penalties	40s per miss added at the end
Ski Distance	All- 1.7 Km loops (orange) x 3
Shooting Sequence	Prone, Prone
Start Type	Staggered start: 30 Sec intervals Age/gender categories will be grouped for starts

AWARDS AND PROGRESSION

14. Medals for first, second, and third place competitors (if applicable) will be awarded following the approval of the official results on Sunday.
15. A bronze colour Biathlon pin will be awarded to every competitor who starts the race on Sunday, 12 January 2020.
16. As the selection process is often complicated, it may take some additional time after the race on January 12 for the cadet athletes, selected to attend the Provincial Competition, to be identified. All efforts will be made, to give these selected cadets as much notice as possible if they have qualified to progress to the Provincial Championship.
17. Attendance will be completed in FORTRESS and podium points for NSE will be awarded within two weeks of the race.

OUT CLEARANCE

18. Coaches are responsible to ensure cleanliness of living and common spaces before clearing out on Sunday morning. All participants using accommodations must be given permission to leave by Capt Mark Owen before leaving. One room will remain available for team gear if coaches want to leave sleeping gear until after race.

FINANCIAL INFORMATION

19. The financial codes for this activity are as follows:

54700A C120 216037 Commitment # OWE203000 (TSR # 19-216037-7)
20. Any questions or feedback can be directed to Capt Mark Owen at mark.owen@forces.gc.ca or 250-363-0936.

//original signed//

M.C. Owen
Capt
J3 Trg O (RDA-ND)

Dist List (via email)

Action
Okanagan Zone Corps and Squadrons

Info

Area OIC (Interior)

ZTOs x2 (Thompson & Okanagan)

PAO

Zone UPAR

J4 Vernon