



**223 RED LION SQUADRON**  
**ROYAL CANADIAN AIR CADETS**  
**PO Box 1717, Vernon BC V1T8C3**  
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## PERMISSION SLIP / ADVISORY NOTICE – FIELD TRAINING EXERCISES

### **NOTICE TO PARENTS:**

These exercises consist of a 2-3 day aircrew survival and leadership weekend, the exercise will be held in the various local areas, with emphasis on team work and leadership training. The cadets will be instructed in field craft, survival techniques and leadership. All cadets attending should be reminded that all equipment brought is the sole responsibility of the cadet. Some cabins will be available and cadets may bring their own tents. Meals will be of the boil in the foil type.

### **AGENDA:**

FRIDAY(s)      1600 HRS:      All cadets attending will assemble at the cadet training centre for kit inspection. They will then depart for the exercise area via bus.

SUNDAY(S)      1630 HRS:      The cadets will return to the squadron and following a quick clean-up they may go home.

### **APPROVED KIT LIST:**

#### **MANDATORY ITEMS:**

1. Outdoor pants 2 pr.(avoid jeans if possible).
2. Shirts: 2 light 1 heavy
3. Jacket - waterproof if possible! Cap or toque.
4. Extra underwear and socks.
5. Hiking boots, Combat boots or running shoes with good tread.
6. Rain gear, or poncho. Gloves.
7. Towel, wash cloth & toiletries.
8. Cup, plate, knife, fork, spoon.
9. Cold weather sleeping bag & ground pad

#### **OPTIONAL ITEMS**

1. Combat clothing.
2. One only hatchet.
3. One only hunting knife.  
(see restriction below)
4. Small cook stove.

### **FORBIDDEN ITEMS:**

- |                                                                         |                                    |
|-------------------------------------------------------------------------|------------------------------------|
| 1. RAMBO STYLE KNIVES, THROWING KNIVES, OR KNIVES OVER 8" blade length. | 5. PELLET GUNS, SLINGSHOTS, DARTS. |
| 2. DRUGS.                                                               | 6. FIRECRACKERS OR FIREWORKS.      |
| 3. ALCOHOL.                                                             | 7. RADIOS OR POCKET VIDEO GAMES.   |
| 4. CIGARETTES.                                                          |                                    |

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 PERMISSION SLIP for FTX

I, the undersigned Parent/Guardian of:

Rank: \_\_\_\_\_ NAME: \_\_\_\_\_

hereby grant permission for him/her to attend the exercise.

I further grant permission for any emergency medical or dental treatment deemed necessary by the squadron officers.

Parent ( \_\_\_\_\_  
 or ( \_\_\_\_\_  
 Guardian <Signature>                      <Date>

Cadet's B.C. MEDICAL NUMBER. \_\_\_\_\_.

Parent/Guardian's telephone numbers in case of emergency:

1. \_\_\_\_\_ 2. \_\_\_\_\_