



**223 RED LION SQUADRON**  
**ROYAL CANADIAN AIR CADETS**  
**PO Box 1717, Vernon BC V1T8C3**  
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## **INTRODUCTION**

Welcome to 223 Red Lion Royal Canadian Air Cadet Squadron. Red Lion Squadron is 1 of 58 Air Cadet Units in BC and 1 of approximately 445 Squadrons in Canada. To enroll as a cadet, you must be between the ages of 12 and 18, be a Canadian citizen or landed immigrant, be in good physical condition and of good moral character.

**The motto of the Air Cadet program is:**

To Learn - To Serve - To Advance

**The aims of the Air Cadet program are:**

- To develop in youth the attributes of good citizenship and leadership;
  - To promote physical fitness; and
- To stimulate an interest in the air element of the Canadian Forces.

## **ENROLLMENT**

The enrollment documentation must be completed before participation in any squadron activities. This documentation consists of:

1. An application for membership including a medical questionnaire portion;
2. A personal information sheet, that includes authority for emergency medical treatment and for authority to fly while participating in cadet activities;
3. In some cases, the completion of a Detailed Health Questionnaire which will be submitted to the Regional Cadet Medical Liaison Officer, who will determine cadet medical limitations;
4. An acknowledgment of responsibility for equipment issued; and
5. Drug & Alcohol policy acknowledgment.

We must also have a photocopy of your birth certificate and your BC Care Card.

## **DRESS AND HAIR REGULATIONS**

Uniforms will not be issued until the cadet has proven him or herself to be genuinely interested in the cadet program and who has attended a minimum of 3 regular parades. To immediately issue a uniform to a cadet who after 2 or 3 parades decides that the program is not for him or her causes a considerable administrative burden and losses do occur.

Uniforms are loaned free of charge by the Department of National Defense for the duration of the cadet's involvement in the program and must be returned **immediately** upon deciding not to attend regular squadron parades. After 3 consecutive absences, you will be notified and asked to return your uniform on the next scheduled parade night. Failure to do this will elicit another phone call to arrange for pick up of the uniform by a squadron officer. You must appreciate that these uniforms are part of crown assets and as taxpayers, we cannot afford unnecessary losses.

Once issued, uniforms shall be well cared for, cleaned, ironed and boots polished on a weekly basis. (dry cleaning is only necessary for the wedge cap and the overcoat.) When in uniform, cadets are representing the Canadian Cadet Movement and the Canadian Forces. Therefore, it must always be in good condition. Once a uniform is issued, it must be worn to **all** squadron activities unless you are directed not to wear it. Uniforms shall **not** be worn on non-authorized cadet activities.

A proper tapered military style haircut is required for all male cadets. This means that hair must be neatly cut above the collar and ears, must be of uniform length (for example, no undercuts, mohawks, or other bizarre styles), and must be of a natural colour. Male cadets shall not wear any earrings while participating in cadet activities.

Female cadets must either put their hair up so that it does not hang over the collar or be cut such that it does not fall below the collar. The colour must also be of a natural colour. Female cadets may wear a single stud, gold/silver/pearl, in the center of each ear lobe – this same rule applies to any cadet activity in or out of uniform. Facial and other ear piercings will not be permitted. Covering a new piercing with skin colored band-aid is not authorized. Only a light amount of makeup may be worn. No colored nail polish shall be worn while in uniform.

## **WEEKLY TRAINING**

Our Squadron meets every Thursday evening from September to June (except for Christmas, New Years, and Spring Break) from 1815 hrs to 2130 hrs. This is called our 'Regular Parade Night'. Our Local Headquarters (LHQ) is located at the Vernon Cadet Training Center, Building G20. If a cadet **CANNOT** attend a Regular Parade Night, it is their responsibility to make a voice call to the Squadron Phone, 250-309-9490, to be excused.

On the training night, cadets will participate in many classes and activities throughout their first four years. These will include: Drill; Drill Instruction; General Cadet Knowledge; Citizenship; Physical Fitness; Sensible Living; Leadership; Instructional Techniques; Effective Speaking; Aircraft Identification; Aeronautical Facilities; Meteorology; Principles of Flight; Airframe Structures;

Propulsion; Navigation; Radio Communications; and Aircrew Survival. Participation in this training is a requirement for advancement in the program.

The first Thursday of every month is the Commanding Officer's Parade. This is a time for the CO to see how the cadets are progressing in their dress and deportment. Also, CO's Parades are a time for presentations such as promotions and for guest speakers to visit.

The last formal parade of the training year is the Squadron Annual Ceremonial Review, which is the culmination of the year's activities. It is a chance for the cadets to display their many talents and achievements to family and friends. This is also a time when many awards are presented. Attendance at this parade is mandatory. The Annual Ceremonial Review is always held the last Thursday of May.

## **WEEKEND TRAINING**

Weekend activities are mandatory and complimentary to the training that is offered on Thursday evenings. They will include: sports activities and competitions, gliding; power flying; marksmanship; survival and leadership exercises; citizenship tours; parades; drill team; band; first aid; ground school, and fund-raising activities. Attendance at most weekend activities is considered optional. It should be noted, however, that the following are a requirement of the program at each level:

- (1) Participation in a minimum of 1 weekend exercise;
- (2) Participation in 1 flying or gliding activity;
- (3) Participation in the Remembrance Day Parade; and
- (4) Participation in 1 other community activity.

Cadets are also required to participate in various fund-raising and community activities in order to satisfy the 2nd aim of the Air Cadet program.

## **SUMMER CAMPS**

During the summer, the Air Cadet program offers summer training to those cadets who apply and qualify. All training, transportation, housing and food are provided free of charge by the Department of National Defense. The camps range from 2 to 7 weeks in duration. Application for Scholarship Courses begins in November with a submission date in early December of each year. All other summer training course applications begin in December and submission happens in early January. Cadets who have completed a 6 week Senior Course can also be eligible for a Staff Cadet position.

There are prerequisites for each camp but as a minimum you must be:

- (1) Enrolled as a cadet by January 31st of the year in which you are applying;
- (2) In good physical condition; and
- (3) Recommended by the Commanding Officer.

## **FLYING TRAINING**

Two of the most prestigious courses the Air Cadet program offers are the Gliding Scholarship Course and the Power Pilot Scholarship Course.

The Gliding Course is 6 weeks in duration and is held at CFB Comox, BC. If you successfully complete this course, you will be qualified as a Ministry of Transport Glider Pilot. To qualify you must:

- (1) Be 16 years of age by September 1st of the year in which you are applying;
- (2) Pass a DOT medical prior to be selected for the course;
- (3) Attend ground school classes at the squadron;
- (4) Pass a scholarship entrance exam;
- (5) Have good school grades;
- (6) Appear before an Air Cadet League Selection Board; and
- (7) Be recommended by the Commanding Officer.

Successful completion of the Flying Scholarship Course qualifies you as a Department of Transport Private Pilot. This enables you to fly a single engine powered aircraft. The Flying Scholarship Course is 7 weeks in duration and is held in various locations throughout the Province. The qualifications are similar to gliding except that you must be 17 years of age.

These courses require a great deal of self-discipline and are very competitive. There are only approximately 32 Flying Scholarships and 41 Gliding Scholarships for all of BC's 4000+ Air Cadets.

## **SPONSORING COMMITTEE**

The administration of the Air Cadet program is accomplished by a partnership between the Department of National Defense and the Air Cadet League, which have national, provincial and local committees. Funding for the cadet program by the Department of National Defense is very limited therefore a community group, service club, RCAF Association Wing or parents committee sponsors each squadron. The local committee responsible for Red Lion Squadron a separate society called the 223 Red Lion Squadron Sponsoring Committee. The local sponsoring committee is responsible for providing facilities and among other things, arranging fund raising activities to finance the squadron. It is the responsibility of each and every cadet to participate in fund raising. Parents are encouraged to attend Sponsoring Committee meetings. The meetings are held on the first Thursday of each month at 7 pm in the back classroom of the squadron. The chairperson for this year is Ms. Allison Lambert, [chair@223redlion.ca](mailto:chair@223redlion.ca) or leave message on the Squadron phone.

## **EXERCISES, TRIPS, AND TOURS**

During the year, the squadron arranges trips and tours whenever possible. Planned activities for this year include a tour of CFB Comox – sponsor pending.

We also plan 2 weekend survival exercises throughout the year. Cadets should try to borrow or purchase a warm sleeping bag, ground pad, backpack and rain gear for these exercises. Also, if cadets wish they

may purchase combat clothing at a surplus store to wear on these exercises (cadets are NOT permitted to wear the current Canadian Forces pattern combat clothing)

## **RANKS AND PROMOTIONS**

Upon enrollment, your rank is Air Cadet or AC. Your first promotion is to Leading Air Cadet (LAC) after successful completing 5 months of service. Further promotions are based on merit and the qualifications set by DND.

See our website for the Promotions Guide in the Squadron Standing Orders and the Dress Regulations with illustrations under the Training Tab.

All senior cadets started out as AC's and you will achieve these ranks with dedication and participation. The senior cadets are there to help and guide you but you must show them respect. If you need help with anything talk to one of them. If they are unable to help you, they will direct you to someone who can.

## **OFFICERS AND INSTRUCTORS**

The officers associated with the Royal Canadian Air Cadet Squadrons are members of the Canadian Forces Reserve and are subject to the rules, regulations, and procedures of the Regular Canadian Forces. These officers are part of a branch of the CF Reserves known as the Cadet Organizations Administration and Training Service (COATS) as a Cadet Instructors Cadre (CIC) Officer. They have regular full-time careers outside of the cadet program and work part-time as a reservist with the Squadron. The CIC branch is the largest contingent of officers in the Canadian Forces and they are specifically trained to work with youth. Civilian volunteers and Instructors who have an interest in the cadet program and would like to offer their expertise, can also assist in the implementation of the program.

### **Currently the Officers & Staff are:**

<b>Staff Member</b>	<b>Appointment</b>	<b>Secondary Duties</b>
Captain Victoria Schrauwen, CD	Commanding Officer	Ground School Instructor Instructor Duke of Edinburg Leader Helper
Second Lieutenant AJ Devine	Training Officer	Range Safety Officer Instructor Level Officer
Officer Cadet Trevor Rossner	Administration Officer	Instructor Level Officer Web-site maintainer Duke of Edinburg Leader
Officer Cadet Lynn Algra	Biathlon Coach	Instructor
Volunteer Instructor Jim Bell	Instructor	
Major Monty Cross	Instructor	

## **CONCLUSION**

As a cadet, you are **not** a member of the Canadian Forces and you are **not** subject to the Canadian Forces Code of Service Discipline. There is no requirement for you to join the Canadian Forces upon completion of a full cadet career.

You are now a member of the largest youth organization in Canada. Upon registration, you become a member of a team. In most respects, a team mentality is best.

We look forward to having you in 223 Red Lion Squadron and hope you will be rewarded with an enjoyable, memorable and educational experience.



Victoria J. Schrauwen, CD  
Captain  
Commanding Officer  
223 Red Lion RCACS